IT’S CHRISTMAS in AMERICA and OTHER JOYOUS HOLIDAYS TOO
EVERYWHERE YOU GO
FROM TOWN TO TOWN AND HOME TO HOME
FOLKS ARE SMILING, ALONG WITH YOU!
FAPHN BOARD of DIRECTORS SEND YOU THIS
MESSAGE LOUD AND CLEAR,
MAY LOVE AND LAUGHTER FILL
YOUR DAYS ALL THROUGH THE
COMING YEAR;
MAY THE MESSAGE OF YOUR HOLIDAY FILL YOUR HEART WITH CHEER!
THANK YOU FOR JOINING FAPHN
And SUPPORTING FAPHN’S MISSION!
FL-AC STRATEGIC PLAN

FAPHN MEMBER LINDA LACOMB-WILLIAMS, MPH, BSN, R.N.
reports on the initial meeting of the Florida Action Coalition Steering Committee that met on October 17, 2011. The meeting was held at the University of Central Florida, School of Nursing. The purpose of the meeting was to:

1. Prioritize the IOM report recommendation and to select 3-4 that Florida will concentrate efforts on in the near future;
2. Create a structure for the Steering Committee and the Work Groups as a better understanding of how they will operate together and individually;
3. Move from process to action;
4. The priority areas selected in which the FL-AC will concentrate their efforts are:

   Recommendation 1: Assuring that nurses practice to the full extent of their education and experience.
   Recommendation 4: Create the proportion of nurses with baccalaureate degree to 80% by 2020.
   Recommendation 7: Prepare and enable nurses to lead change to advance health.
   Recommendation 8: Build an infrastructure for the collection and analysis of health care work force data.

Linda LaComb-Williams requests comments from YOU on any ideas or comments you might have after reading this. Linda is also hoping some of you might wish to work with her on this. This is a statewide task and will involve some group meetings or teleconferences for discussions. HOW ABOUT IT? Let’s do what we can do for our nursing profession. Apathy is a killer!

We along with the Florida Center for Nursing and FNA are hoping that with the help of the Blue Cross/Blue Shield Foundation, that Florida will move on some implementation and change based on the IOM’s recommendations concerning the Future of Nursing.

“Wise is the woman who fortifies her life with friendships”

Published by History & Heraldry 2002
FAPHN represents you in many diverse ways. FAPHN sends messages and bits and pieces of information to stimulate your awareness in the public health nursing world around you! The following is a brief synopsis of the results of a notice sent to FAPHN members in South Florida. This was an opportunity for those members to attend and participate in the Broward County Health Department Grand Rounds on November 30, 2011. FAPHN faithful member Marie McMillan submits this information.

Treatment as Prevention….Game Changer or Fantasy, PrEP and Vaginal Microbicides”, Do we know enough to stop transmission?

Pre-exposure prophylaxis (PrEP) as an HIV prevention method is controversial. Current prevention efforts have thus far has limited success in stopping the increase in new HIV infections. But with shrinking and/or finite resources and increasing costs of treating HIV (estimated at $619,000 per person/lifetime in 2006), new interventions are needed.

Several studies have been and are continuing in Africa/South America with heterosexual and MSM discordant couples. Those who took and were adherent with PrEP medications (consisting of two antiretroviral medications) showed zero transmission of disease from the positive partner to the negative partner. Real world ethical considerations are:

- What populations are most appropriate?
- Only in high incidence countries/areas?
- What are the optimal settings to provide the meds?
- Long term safety and tolerability?
- How is adherence assured?

Miami and San Francisco are about to begin a NIH sponsored PrEP study. Objectives include measuring the acceptance of PrEP in MSM and transgender women, acceptance of PrEP by race, age, sex, etc. and the difference in duration of use in same groups as above.

Presenter: Michael M. Kolber, PhD., MD. Professor of Medicine, Director of Comprehensive AIDS Program, University of Miami Miller School of Medicine

Vaginal Microbicides have been and are currently being studies in Africa. Goals are:

- To prevent transmission of HIV during intercourse by killing or inactivating HIV;
- Inhibiting entry into vaginal or cervical cells; and/or
- Preventing HIV replication.

Some microbicides include antiretroviral medications. Some are used before and after intercourse, some daily and some are now being studied that are a part of a vaginal ring that can be inserted and kept in place for up to 4 weeks. Many cultural beliefs and/or barriers associated with vaginal microbicide use has resulted in inconclusive results and limited success.

Presenter: Deborah Jones, PhD, Dept. of Psychiatry and Behavioral Sciences, University of Miami Miller School of Medicine

Presenter: Steven Bowen, MD, MPH, Nova SE University: Treatment as Prevention. Adherence to treatment decreases viral load, often to undetectable. Studies have shown this leads to a dramatic decrease in disease transmission.

Presenter: Stephen Weiss, PhD, MPH, Department of Psych & Behav Sciences (as above): Male circumcision as a method of prevention. Significant reduction in the risk of acquiring HIV Infection by partners to circumcised men. WHO set 2015 goals with several nations in Africa to increase the % of males who are circumcised. Poor to moderate success thus far due to cultural and personal beliefs.
OBESITY RATES IN AMERICA ARE HIGHER THAN EVER...this is the conclusion in a new Robert Wood Johnson Foundation report entitled F as in FAT: How Obesity Threatens America’s Future

This article may be found at Our Health Policy Matters published and authored by Paul Gionfriddo.

E-mail: gionfriddopaul@gmail.com “But the biggest weight culprit may have nothing to do with individual choice. According to this article, it appears to be the sugars added during processing to the foods we eat, and the government’s failure to use its own data to regulate the added sugar effectively. A recent USDA report notes that Americans now consume 30 teaspoons of added sugars every day during the manufacturing phase...long before we reach for our own sugar bowls.”

A Public Health Nurse in Dade County submitted the following poem...driven to compose this when she met her newborn niece.

WATCH THE BMI ©

Written by Hannah Lewis

OBESE is the name that they are calling my lovely niece

I've held her in my arms, a tiny bundle at birth

I've cuddled her and loved her, as she moved through the growth spurts

Her cheeks are fat and ruddy like apples on a tree

Her chubby cute legs are shapely and strong

She has worn since age six clothes labeled husky and long

I've made her special cookies and cakes that she loves

But, now. They are saying that my niece, she's pleasantly plump, is somewhat obese.

I am distressed and I sigh because I love my sweet niece

They are saying, in their report, that I must look at her BMI

This BMI –Body Mass Index, each year will tell

What her weight should be for her height, age and her sex

Now that I know that her BMI is high

There are some things that I am obligated to try

They say also, if I do exactly as I am told

The facts indicate, that my lovely niece, will not only grow

But she’ll be healthy for age and perhaps live to a healthy old age

They say she should eat the right kind of foods, watching the amounts

And give up junk foods, since junk is no good

I know what I'll do

For cookies and cakes, I'll serve veggies and fruit

For soda and pop, we'll drink water and fruit juice

They also say, if she walks, swims, runs, or rides her bike around the block

Each day of the week for thirty minutes on the clock

Her heart will be healthy, her body will be lean and her immune system will fight off every disease

I love my dear niece, so, I'll change our lifestyle, and next year, when they calculate the BMI

She will be in the range of healthy and, maybe so will I.
FINANCIAL & OPERATIONAL INFORMATION

FAPHN is experiencing a more challenging time in reaching prospective members. The Membership Committee is working to contact past members and recruit new members. FAPHN needs your assistance.

WILL YOU HELP? Please share the importance to them to INVEST in themselves and enhance their chosen specialty! There is strength in numbers…JOIN!

PARTICIPATE! DONATE! Will YOU HELP?

THANK YOU SO VERY MUCH!

At the moment of this writing, the financial information is based on the November 2011 bank statement.

Cash on Hand as of November, 2011 $ 5,305.89

SCHOLARSHIP FUND [2 Scholarships of $1,000 each per year] 2,834.13

Grand Total: $8,140.13

PLEASE DONATE TO BUILD UP THE SCHOLARSHIP FUND! Tis the season to give.

Contact Treasurer or just go to WEB site and use the DONATE NOW button. Please HELP.

Thank you very much.

WEB Page: http://www.faphn.org/ E-mail: webmaster@faphn.org

FAPHN has given 11 Scholarships to RNs seeking to obtain their BSN since 2003. FAPHN has also presented six Scholarships to Public Health Nurses seeking an Advanced degree.

PLEASE HELP REPLENISH THE SCHOLARSHIP FUND. IF THIS DOES NOT HAPPEN, WE WILL NOT BE ABLE TO HELP OTHER PUBLIC HEALTH NURSES SEEKING EDUCATIONAL FINANCIAL ASSISTANCE.

FAPHN'S MISSION: “.......provides leadership for the nursing profession and promotes quality health care for consumers through education, advocacy, and influencing public health practices in the State of Florida.”
FAPHN HAS 8 STANDING COMMITTEE

ALL COMMITTEES COULD USE YOUR PARTICIPATION! WILL YOU PLAN TO JOIN A COMMITTEE?

AWARDS and SCHOLARSHIPS: Contact Diana Coyle @ 904-794-7624 or e-mail: dcoyle_se1@comcast.net

BYLAWS: Contact Amalia Kane-Crawford @ 561-634-0776 or e-mail: flintstonecrawford@comcast.net

COMMUNICATION: Contact 2nd V.P. Lynne Vickery @ 352-258-8374 or e-mail: Lynnev118@cox.net

EDUCATION: Contact 2nd V.P Lynne Vickery

LEGACY TASK FORCE: Contact 1st V.P Dr. Kim Curry @ 813-257-3633 or e-mail: kcurry@UT.edu

MEMBERSHIP: Contact President-Elect Bobbie Thackeray @ (813) 833-0799 or e-mail: bthackeray@verizon.net

MINI-GRANT: Contact Diana Coyle @ 904-794-7624 or e-mail: dcoyle_se1@comcast.net

NOMINATING: Contact Past-President Cynthia Whetsell @ 239-285-1186 or e-mail: Cindywhett@aol.com

MEMBERSHIP RENEWALS ARE IN THE MAIL! PLEASE RENEW AND BRING A COLLEAGUE!

IF YOU HAVE QUESTIONS ABOUT MEMBERSHIP, CONTACT TREASURER

AMALIA KANE-CRAWFORD VIA E-MAIL OR PHONE
flintstonecrawford@comcast.net or (561) 634-0776

BULLETIN BOARD of INFORMATION

CDC Learning Connection: “Where the public health community goes to learn.” www.cdc.gov/learning

Conditions of Participation: Nurses can comment by December 23, 2011 as to the impact on Nursing Practice for RNs and APRNs. ANA comments are found on ANA WEBSITE, Nursing World, at http://www.nursingworld.org/comments


State of Florida is one of two states that deny advanced practice nurses the privilege to prescribe controlled substances. This limits citizens’ access to high-quality affordable care and restricts practicing to the full extent of nursing education.

12/14/2011: A new analysis released from the Obama Administration reports the number of young adults lacking medical coverage has shrunk by 2.5 million since the new health care overhaul law took effect. The drop is 2½ times as large as the drop indicated by previous government and private estimates earlier this year. This is a popular provision in an otherwise politically divisive law. The young adults’ provision took effect last fall and most workplace health plans started carrying it January 1, 2011.

12/16/2011: Reported from the Center Medical Services (CMS) an official said The State of Florida is the latest state to be denied an exception to the medical-loss ratio standard that requires individual and small group plans to spend at least 80% of premium dollars on medical care.
**MEMBERS’ CORNER**

**I have really enjoyed being a member of FAPHN, and feel that Florida is so far advanced when it comes to public health nurses and their expertise. I am very PROUD to be a member.”** Ellen Murray  [received by Editor 11/09/2011]

📲 ✿

“I am a member of FAPHN and an RN currently working in the medical division at the Pinellas County Jail in Clearwater, Florida. I am a graduate student completing my MSN and, I am in the process of putting together a thesis for degree completion. As a public health nurse my passion is “Public Health”. HOW MAY I HELP YOU? I would like to volunteer my time and services to assist on a research project. DO YOU NEED MY ASSISTANCE? Please CONTACT ME

Thank you very much, Editors for sharing my request with FAPHN members.

Deborah Harris, BSN, RN
(813) 475-4347

---

**2 BOARD POSITIONS AVAILABLE**
YOUR CHANCE TO SERVE ON THE BOARD!
CALL BOBBIE THACKERAY
(813) 833-0799
OR
AMALIA KANE-CRAWFORD
(561) 634-0776
IF YOU ARE INTERESTED, SERVE A 6 MONTH TERM AND IF YOU LIKE IT, RUN ON THE BALLOT IN JULY 2012
PLEASE CALL!

---

**4th QUARTER NEW AND RENEWING MEMBERS with FAPHN**

<table>
<thead>
<tr>
<th>Coyle, D.</th>
<th>Crawford, S.</th>
<th>Doyle, Barbara</th>
<th>Elder, JC</th>
<th>Gulley, P.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hogan, D.</td>
<td>Kendall, M.</td>
<td>LaComb-Williams, L.</td>
<td>Thackeray, B.</td>
<td></td>
</tr>
</tbody>
</table>

**THANK YOU SO MUCH! YOU ARE SO VALUABLE TO FAPHN!**

**WITHOUT MEMBERS, THERE IS NO FAPHN!!**

---

**ARE YOU AWARE?** Every 15 minutes, a nonprofit agency is created in the United States. The groups have little government oversight or regulations about how they conduct fundraising. **FAPHN DOES!!**

I ask YOU to kindly make DONATIONS to the FAPHN Scholarship Fund. I want to reassure you that FAPHN is an I.R.S. approved public charity and this status permits FAPHN to request donations. Our Financial Records and Operations policies are available for review. So especially this time of the year, Be cautious! Be safe with your generosity! DONATE TO FAPHN! GIVE A GIFT TO A COLLEAGUE! PAY FOR A MEMBERSHIP IN FAPHN. ASK QUESTIONS! CONTACT BOARD MEMBERS with your questions! As your Treasurer, **I wish you a most prosperous New Year and thank you for your FAPHN support.**

Amalia Kane-Crawford, MHM, RN, LHRM  (561) 634-0776
MEMBERSHIP APPLICATION

FIRST                        LAST
NAME: _____________________ NAME ___________________

HOME ADDRESS: _____________________________ CITY ____________

ZIPCODE: _______________ HOME PHONE: _______________________

OFFICE PHONE: _______________ CELL PHONE: _______________________

HOME EMAIL: ____________________________ PROFESSIONAL EMAIL: _______________

EMLOYER: _____________________________

EMLOYER ADDRESS: _____________________________

PAYMENT of DUES: CREDIT CARD: CONTACT TREASURER: (561) 634-0776 OR CHECK or

E-MAIL: flintstonecrawford@comcast.net or FAPHN E-MAIL: webmaster@faphn.org

Benefit of 3 or more members paid by employer OR as a GROUP (paid at same time) = 10% discount!!

MEMBERSHIP CATEGORY: CHECK ONE! ANNUAL DUES $50.00 [ renew on anniversary date]

_____ACTIVE REGISTERED NURSE: [$50.00] ELIGIBLE FOR BOARD POSITION & VOTING. ELIGIBLE FOR AWARDS AND SCHOLARSHIPS

_____RETIRED REGISTERED NURSE: HALF-PRICE [$25.00]: SAME BENEFITS AS ACTIVE R.N.

_____STUDENT R.N.: [$25.00] MAY NOT HOLD BOARD POSITION. MAY NOT VOTE. Eligible for Scholarship if criteria met!

_____ASSOCIATE MEMBER: HALF PRICE [$25.00] An individual or business interested in supporting FAPHN. And Public Health Eligible to receive newsletter & reduced registration or vendor fees for conferences. Not eligible for Board position or voting. Not eligible for Awards or Scholarships.

MEMBERSHIP PARTICIPATION OPPORTUNITIES: Please check your area of interest(s)!

SERVE ON THE FAPHN BOARD: YES _______ NO _______

SERVE ON COMMITTEES: BYLAWS ____ CONFERENCE PLANNING ____ COMMUNICATION ______

EDUCATION _______ LEGACY PROJECT _______ MEMBERSHIP _______ NOMINATING ______

MISSION: The Florida Association of Public Health Nurses provides leadership for the nursing profession and promotes quality health care for consumers through education, advocacy, and influencing public health practice in the State of Florida.

VISION: The Florida Association of Public Health Nurses will start a nation-wide movement to create a national Public Health Nursing Organization.
THE FLORIDA ASSOCIATION OF
PUBLIC HEALTH NURSES, INC.
P.O. BOX 22994, FORT LAUDERDALE, FLORIDA 33335

Editors: Lynne Vickery, RN, BSN
Lynnev118@cox.net
Amalia Kane-Crawford, MHM, RN, LHRM
flintstonecrawford@comcast.net

MISSION: The Florida Association of Public Health Nurses, Inc. provides leadership for the nursing profession and promotes quality health care for consumers through education, advocacy and influencing public health practices in the State of Florida.

VISION: The Florida Association of Public Health Nurses will start a nation-wide movement to create a national Public Health Nursing Organization.

VALUES: Excellence in Public Health Nursing Practice
Leadership/ Mentorship/ Preceptorship
Advocacy positions on Issues
Advance Public Health Nursing through evidence-based research.

MEET the BOARD of DIRECTORS

OFFICERS
President: Hanna Hunter, MN, RN
President-Elect: Bobbie Thackeray, BSN, R.N.
1st V.P.: Vacant
2nd V.P. Lynne Vickery, BSN, RN
Secretary: Vacant
Treasurer: Amalia Kane-Crawford, MHM, RN, LHRM-Fi.
Past President: Naomi Benton-Brown, BSN, RN
Historian: Linda Bilyeu, BSN, RN

DIRECTORS-AT-LARGE
Faye Coe, BSN, R.N.
Diana Coyle, MS, RN
Paula Dorhout, BSN, RN
Mary Louise Jorda, MPH, MA, R.N.
Laura Levine, MSN, RN
Sharon Surrency, MPH, BSN, RN